

# "Ru25 Plus" FSH Menopause Test Kit:

## Result Form

Women with decreased ovarian function, who are peri menopausal (nearing menopause), or who are in menopause will have FSH levels which are elevated and remain elevated at 25 mIU/ml or greater throughout the month.



The "Ru25 Plus" Home FSH Menopause Test Kit is a "two-test" system.

This form is provided for you to record your test results.

When testing it is best to use urine from the your first urination of the day.

Your first test can be performed anytime during the month.

Read the directions for use carefully before you begin.

After completing each test, record your results:

<b>"Ru25 Plus" Test #1</b>  <b>Date:</b> _____  <b>Time:</b> _____	Circle Result:  <b>Positive</b>  <b>Negative</b>
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If the results of Test #1 is positive,  
Repeat the test in 5 to 7 days using the second test wand provided:

<b>"Ru25 Plus" Test #2</b>  <b>Date:</b> _____  <b>Time:</b> _____	Circle Result:  <b>Positive</b>  <b>Negative</b>
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**Two positive test results indicate that you may be in a stage of menopause.**

Consult with your physician if:

1. You obtain two positive test results within a 5 to 7 day period, or
2. If you are experiencing symptoms of menopause.